

Wettkampf 7 - 400m Freistil männlich (Vorlauf)

DR: 03:32,77 - Biedermann, Paul (SV Halle/S.) am 14.11.2009 in Berlin (GER)

Jahrgang 2012 - 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Matthäus Haberkorn	2012	Dresdner Delphine e.V.	04:32,90	470
	50m: 00:29,68 (00:29,68) 100m: 01:02,98 (00:33,30) 150m: 01:37,46 (00:34,48) 200m: 02:12,46 (00:35,00) 250m: 02:47,98 (00:35,52) 300m: 03:23,05 (00:35,07) 350m: 03:58,67 (00:35,62) 400m: 04:32,90 (00:34,23)				
2.	Vincent Stäudte	2012	SV 1919 Grimma	04:33,67	466
	50m: 00:30,68 (00:30,68) 100m: 01:04,69 (00:34,01) 150m: 01:39,49 (00:34,80) 200m: 02:14,31 (00:34,82) 250m: 02:49,19 (00:34,88) 300m: 03:24,41 (00:35,22) 350m: 03:59,50 (00:35,09) 400m: 04:33,67 (00:34,17)				
3.	Fabian Brauer	2013	SSG Leipzig e.V.	04:41,40	429
	50m: 00:31,45 (00:31,45) 100m: 01:05,72 (00:34,27) 150m: 01:41,13 (00:35,41) 200m: 02:17,60 (00:36,47) 250m: 02:53,11 (00:35,51) 300m: 03:28,19 (00:35,08) 350m: 04:05,26 (00:37,07) 400m: 04:41,40 (00:36,14)				
4.	Yakiv Khrushch	2012	SSV Leutzsch	04:43,51	419
	50m: 00:32,33 (00:32,33) 100m: 01:07,96 (00:35,63) 150m: 01:45,08 (00:37,12) 200m: 02:21,51 (00:36,43) 250m: 02:57,41 (00:35,90) 300m: 03:34,11 (00:36,70) 350m: 04:09,62 (00:35,51) 400m: 04:43,51 (00:33,89)				
5.	Jasper Müller	2013	SSG Leipzig e.V.	04:47,69	401
	50m: 00:32,27 (00:32,27) 100m: 01:07,87 (00:35,60) 150m: 01:44,26 (00:36,39) 200m: 02:20,97 (00:36,71) 250m: 02:57,70 (00:36,73) 300m: 03:34,45 (00:36,75) 350m: 04:11,56 (00:37,11) 400m: 04:47,69 (00:36,13)				
6.	Justus Richter	2013	SSG Leipzig e.V.	04:52,07	383
	50m: 00:33,65 (00:33,65) 100m: 01:10,84 (00:37,19) 150m: 01:48,66 (00:37,82) 200m: 02:25,80 (00:37,14) 250m: 03:03,38 (00:37,58) 300m: 03:40,57 (00:37,19) 350m: 04:17,69 (00:37,12) 400m: 04:52,07 (00:34,38)				
7.	Florin Thomas	2013	SSG Leipzig e.V.	04:52,91	380
	50m: 00:33,88 (00:33,88) 100m: 01:10,66 (00:36,78) 150m: 01:48,34 (00:37,68) 200m: 02:25,85 (00:37,51) 250m: 03:03,02 (00:37,17) 300m: 03:40,60 (00:37,58) 350m: 04:17,65 (00:37,05) 400m: 04:52,91 (00:35,26)				
8.	Jonas Schäfer	2013	SC Riesa	04:59,64	355
	50m: 00:34,26 (00:34,26) 100m: 01:11,36 (00:37,10) 150m: 01:49,29 (00:37,93) 200m: 02:27,34 (00:38,05) 250m: 03:05,94 (00:38,60) 300m: 03:44,14 (00:38,20) 350m: 04:22,50 (00:38,36) 400m: 04:59,64 (00:37,14)				
9.	Mads Jakob Strauch	2013	SSG Leipzig e.V.	05:02,31	346
	50m: 00:34,16 (00:34,16) 100m: 01:12,02 (00:37,86) 150m: 01:50,29 (00:38,27) 200m: 02:29,30 (00:39,01) 250m: 03:08,29 (00:38,99) 300m: 03:46,95 (00:38,66) 350m: 04:25,77 (00:38,82) 400m: 05:02,31 (00:36,54)				
10.	Henry Toth	2013	SC Chemnitz von 1892	05:05,77	334
	50m: 00:33,83 (00:33,83) 100m: 01:12,02 (00:38,19) 150m: 01:50,83 (00:38,81) 200m: 02:30,01 (00:39,18) 250m: 03:08,94 (00:38,93) 300m: 03:48,20 (00:39,26) 350m: 04:27,05 (00:38,85) 400m: 05:05,77 (00:38,72)				
11.	Ole Mühlmann	2013	SC Riesa	05:11,69	315
	50m: 00:34,35 (00:34,35) 100m: 01:13,34 (00:38,99) 150m: 01:52,82 (00:39,48) 200m: 02:33,77 (00:40,95) 250m: 03:13,56 (00:39,79) 300m: 03:54,75 (00:41,19) 350m: 04:34,49 (00:39,74) 400m: 05:11,69 (00:37,20)				
12.	Alessandro Munari	2013	SV 1919 Grimma	05:12,63	312
	50m: 00:34,41 (00:34,41) 100m: 01:13,37 (00:38,96) 150m: 01:52,97 (00:39,60) 200m: 02:32,50 (00:39,53) 250m: 03:12,84 (00:40,34) 300m: 03:52,99 (00:40,15) 350m: 04:33,44 (00:40,45) 400m: 05:12,63 (00:39,19)				

noch Wettkampf 7 - 400m Freistil männlich (Vorlauf)

Jugend

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Elias Himmelsbach	2010	SSG Leipzig e.V.	04:08,06	626
	50m: 00:27,64 (00:27,64) 100m: 00:58,29 (00:30,65) 150m: 01:29,11 (00:30,82) 200m: 02:00,96 (00:31,85) 250m: 02:33,01 (00:32,05) 300m: 03:05,01 (00:32,00) 350m: 03:36,93 (00:31,92) 400m: 04:08,06 (00:31,13)				
2.	Henry Harnisch	2010	SSG Leipzig e.V.	04:16,70	565
	50m: 00:28,44 (00:28,44) 100m: 01:00,01 (00:31,57) 150m: 01:32,44 (00:32,43) 200m: 02:05,02 (00:32,58) 250m: 02:38,41 (00:33,39) 300m: 03:11,57 (00:33,16) 350m: 03:44,89 (00:33,32) 400m: 04:16,70 (00:31,81)				
3.	Justus Georg Schüller	2010	SSG Leipzig e.V.	04:17,36	560
	50m: 00:28,02 (00:28,02) 100m: 00:59,17 (00:31,15) 150m: 01:30,80 (00:31,63) 200m: 02:03,05 (00:32,25) 250m: 02:36,14 (00:33,09) 300m: 03:09,91 (00:33,77) 350m: 03:44,08 (00:34,17) 400m: 04:17,36 (00:33,28)				
4.	Moritz Engmann	2011	SC Chemnitz von 1892	04:23,39	523
	50m: 00:29,78 (00:29,78) 100m: 01:02,97 (00:33,19) 150m: 01:36,82 (00:33,85) 200m: 02:10,22 (00:33,40) 250m: 02:43,63 (00:33,41) 300m: 03:17,48 (00:33,85) 350m: 03:51,35 (00:33,87) 400m: 04:23,39 (00:32,04)				
5.	Matthäus Haberkorn	2012	Dresdner Delphine e.V.	04:32,90	470
	50m: 00:29,68 (00:29,68) 100m: 01:02,98 (00:33,30) 150m: 01:37,46 (00:34,48) 200m: 02:12,46 (00:35,00) 250m: 02:47,98 (00:35,52) 300m: 03:23,05 (00:35,07) 350m: 03:58,67 (00:35,62) 400m: 04:32,90 (00:34,23)				
6.	Vincent Stäudte	2012	SV 1919 Grimma	04:33,67	466
	50m: 00:30,68 (00:30,68) 100m: 01:04,69 (00:34,01) 150m: 01:39,49 (00:34,80) 200m: 02:14,31 (00:34,82) 250m: 02:49,19 (00:34,88) 300m: 03:24,41 (00:35,22) 350m: 03:59,50 (00:35,09) 400m: 04:33,67 (00:34,17)				
7.	Philipp Stang	2011	SC Chemnitz von 1892	04:35,67	456
	50m: 00:30,80 (00:30,80) 100m: 01:05,55 (00:34,75) 150m: 01:40,90 (00:35,35) 200m: 02:16,43 (00:35,53) 250m: 02:51,53 (00:35,10) 300m: 03:26,84 (00:35,31) 350m: 04:01,81 (00:34,97) 400m: 04:35,67 (00:33,86)				
8.	Fabian Brauer	2013	SSG Leipzig e.V.	04:41,40	429
	50m: 00:31,45 (00:31,45) 100m: 01:05,72 (00:34,27) 150m: 01:41,13 (00:35,41) 200m: 02:17,60 (00:36,47) 250m: 02:53,11 (00:35,51) 300m: 03:28,19 (00:35,08) 350m: 04:05,26 (00:37,07) 400m: 04:41,40 (00:36,14)				
9.	Yakiv Khrushch	2012	SSV Leutzsch	04:43,51	419
	50m: 00:32,33 (00:32,33) 100m: 01:07,96 (00:35,63) 150m: 01:45,08 (00:37,12) 200m: 02:21,51 (00:36,43) 250m: 02:57,41 (00:35,90) 300m: 03:34,11 (00:36,70) 350m: 04:09,62 (00:35,51) 400m: 04:43,51 (00:33,89)				
10.	Jasper Müller	2013	SSG Leipzig e.V.	04:47,69	401
	50m: 00:32,27 (00:32,27) 100m: 01:07,87 (00:35,60) 150m: 01:44,26 (00:36,39) 200m: 02:20,97 (00:36,71) 250m: 02:57,70 (00:36,73) 300m: 03:34,45 (00:36,75) 350m: 04:11,56 (00:37,11) 400m: 04:47,69 (00:36,13)				
11.	Justus Richter	2013	SSG Leipzig e.V.	04:52,07	383
	50m: 00:33,65 (00:33,65) 100m: 01:10,84 (00:37,19) 150m: 01:48,66 (00:37,82) 200m: 02:25,80 (00:37,14) 250m: 03:03,38 (00:37,58) 300m: 03:40,57 (00:37,19) 350m: 04:17,69 (00:37,12) 400m: 04:52,07 (00:34,38)				
12.	Florin Thomas	2013	SSG Leipzig e.V.	04:52,91	380
	50m: 00:33,88 (00:33,88) 100m: 01:10,66 (00:36,78) 150m: 01:48,34 (00:37,68) 200m: 02:25,85 (00:37,51) 250m: 03:03,02 (00:37,17) 300m: 03:40,60 (00:37,58) 350m: 04:17,65 (00:37,05) 400m: 04:52,91 (00:35,26)				

noch Wettkampf 7 - 400m Freistil männlich (Vorlauf)

noch Jugend

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
13.	Jonas Schäfer	2013	SC Riesa	04:59,64	355
	50m: 00:34,26 (00:34,26) 100m: 01:11,36 (00:37,10) 150m: 01:49,29 (00:37,93) 200m: 02:27,34 (00:38,05) 250m: 03:05,94 (00:38,60) 300m: 03:44,14 (00:38,20) 350m: 04:22,50 (00:38,36) 400m: 04:59,64 (00:37,14)				
14.	Mads Jakob Strauch	2013	SSG Leipzig e.V.	05:02,31	346
	50m: 00:34,16 (00:34,16) 100m: 01:12,02 (00:37,86) 150m: 01:50,29 (00:38,27) 200m: 02:29,30 (00:39,01) 250m: 03:08,29 (00:38,99) 300m: 03:46,95 (00:38,66) 350m: 04:25,77 (00:38,82) 400m: 05:02,31 (00:36,54)				
15.	Henry Toth	2013	SC Chemnitz von 1892	05:05,77	334
	50m: 00:33,83 (00:33,83) 100m: 01:12,02 (00:38,19) 150m: 01:50,83 (00:38,81) 200m: 02:30,01 (00:39,18) 250m: 03:08,94 (00:38,93) 300m: 03:48,20 (00:39,26) 350m: 04:27,05 (00:38,85) 400m: 05:05,77 (00:38,72)				
16.	Ole Mühlmann	2013	SC Riesa	05:11,69	315
	50m: 00:34,35 (00:34,35) 100m: 01:13,34 (00:38,99) 150m: 01:52,82 (00:39,48) 200m: 02:33,77 (00:40,95) 250m: 03:13,56 (00:39,79) 300m: 03:54,75 (00:41,19) 350m: 04:34,49 (00:39,74) 400m: 05:11,69 (00:37,20)				
17.	Alessandro Munari	2013	SV 1919 Grimma	05:12,63	312
	50m: 00:34,41 (00:34,41) 100m: 01:13,37 (00:38,96) 150m: 01:52,97 (00:39,60) 200m: 02:32,50 (00:39,53) 250m: 03:12,84 (00:40,34) 300m: 03:52,99 (00:40,15) 350m: 04:33,44 (00:40,45) 400m: 05:12,63 (00:39,19)				

nicht am Start

Christian Schubert 2010 Dresdner SC 1898

ENM

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Timo Sorgius	2003	SSG Leipzig e.V.	03:52,14	764
	50m: 00:26,26 (00:26,26) 100m: 00:54,96 (00:28,70) 150m: 01:24,23 (00:29,27) 200m: 01:53,72 (00:29,49) 250m: 02:22,92 (00:29,20) 300m: 02:52,38 (00:29,46) 350m: 03:22,62 (00:30,24) 400m: 03:52,14 (00:29,52)				
2.	Karl von Thun	2005	SV 1919 Grimma	03:54,63	740
	50m: 00:26,89 (00:26,89) 100m: 00:55,48 (00:28,59) 150m: 01:25,25 (00:29,77) 200m: 01:55,28 (00:30,03) 250m: 02:25,40 (00:30,12) 300m: 02:55,66 (00:30,26) 350m: 03:25,53 (00:29,87) 400m: 03:54,63 (00:29,10)				
3.	Moritz Erkmann	2008	SC Chemnitz von 1892	03:56,99	718
	50m: 00:26,62 (00:26,62) 100m: 00:55,67 (00:29,05) 150m: 01:25,64 (00:29,97) 200m: 01:55,82 (00:30,18) 250m: 02:26,12 (00:30,30) 300m: 02:56,52 (00:30,40) 350m: 03:27,18 (00:30,66) 400m: 03:56,99 (00:29,81)				
4.	Limaris Dix	2007	SSG Leipzig e.V.	03:59,37	697
	50m: 00:27,36 (00:27,36) 100m: 00:57,44 (00:30,08) 150m: 01:27,13 (00:29,69) 200m: 01:57,02 (00:29,89) 250m: 02:27,52 (00:30,50) 300m: 02:58,17 (00:30,65) 350m: 03:29,48 (00:31,31) 400m: 03:59,37 (00:29,89)				
5.	Jonas Herrmann	2007	SSG Leipzig e.V.	04:03,41	663
	50m: 00:27,99 (00:27,99) 100m: 00:57,63 (00:29,64) 150m: 01:27,90 (00:30,27) 200m: 01:58,64 (00:30,74) 250m: 02:29,56 (00:30,92) 300m: 03:01,05 (00:31,49) 350m: 03:32,95 (00:31,90) 400m: 04:03,41 (00:30,46)				

noch Wettkampf 7 - 400m Freistil männlich (Vorlauf)

noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
6.	Mika Kovács	2007	SC Freital	04:03,90	659
	50m: 00:27,98 (00:27,98) 100m: 00:58,53 (00:30,55) 150m: 01:29,59 (00:31,06) 200m: 02:00,80 (00:31,21) 250m: 02:31,69 (00:30,89) 300m: 03:02,57 (00:30,88) 350m: 03:33,58 (00:31,01) 400m: 04:03,90 (00:30,32)				
7.	Elias Himmelsbach	2010	SSG Leipzig e.V.	04:08,06	626
	50m: 00:27,64 (00:27,64) 100m: 00:58,29 (00:30,65) 150m: 01:29,11 (00:30,82) 200m: 02:00,96 (00:31,85) 250m: 02:33,01 (00:32,05) 300m: 03:05,01 (00:32,00) 350m: 03:36,93 (00:31,92) 400m: 04:08,06 (00:31,13)				
8.	Emil Müller	2009	Dresdner Delphine e.V.	04:14,88	577
	50m: 00:28,33 (00:28,33) 100m: 00:59,96 (00:31,63) 150m: 01:32,53 (00:32,57) 200m: 02:04,94 (00:32,41) 250m: 02:37,39 (00:32,45) 300m: 03:10,28 (00:32,89) 350m: 03:43,05 (00:32,77) 400m: 04:14,88 (00:31,83)				
9.	Henry Harnisch	2010	SSG Leipzig e.V.	04:16,70	565
	50m: 00:28,44 (00:28,44) 100m: 01:00,01 (00:31,57) 150m: 01:32,44 (00:32,43) 200m: 02:05,02 (00:32,58) 250m: 02:38,41 (00:33,39) 300m: 03:11,57 (00:33,16) 350m: 03:44,89 (00:33,32) 400m: 04:16,70 (00:31,81)				
10.	Justus Georg Schüller	2010	SSG Leipzig e.V.	04:17,36	560
	50m: 00:28,02 (00:28,02) 100m: 00:59,17 (00:31,15) 150m: 01:30,80 (00:31,63) 200m: 02:03,05 (00:32,25) 250m: 02:36,14 (00:33,09) 300m: 03:09,91 (00:33,77) 350m: 03:44,08 (00:34,17) 400m: 04:17,36 (00:33,28)				
11.	Gustav Seidel	2009	SC Chemnitz von 1892	04:21,26	536
	50m: 00:29,52 (00:29,52) 100m: 01:01,36 (00:31,84) 150m: 01:34,11 (00:32,75) 200m: 02:07,32 (00:33,21) 250m: 02:40,80 (00:33,48) 300m: 03:14,43 (00:33,63) 350m: 03:47,95 (00:33,52) 400m: 04:21,26 (00:33,31)				
12.	Moritz Engmann	2011	SC Chemnitz von 1892	04:23,39	523
	50m: 00:29,78 (00:29,78) 100m: 01:02,97 (00:33,19) 150m: 01:36,82 (00:33,85) 200m: 02:10,22 (00:33,40) 250m: 02:43,63 (00:33,41) 300m: 03:17,48 (00:33,85) 350m: 03:51,35 (00:33,87) 400m: 04:23,39 (00:32,04)				
13.	Matthäus Haberkorn	2012	Dresdner Delphine e.V.	04:32,90	470
	50m: 00:29,68 (00:29,68) 100m: 01:02,98 (00:33,30) 150m: 01:37,46 (00:34,48) 200m: 02:12,46 (00:35,00) 250m: 02:47,98 (00:35,52) 300m: 03:23,05 (00:35,07) 350m: 03:58,67 (00:35,62) 400m: 04:32,90 (00:34,23)				
14.	Vincent Stäudte	2012	SV 1919 Grimma	04:33,67	466
	50m: 00:30,68 (00:30,68) 100m: 01:04,69 (00:34,01) 150m: 01:39,49 (00:34,80) 200m: 02:14,31 (00:34,82) 250m: 02:49,19 (00:34,88) 300m: 03:24,41 (00:35,22) 350m: 03:59,50 (00:35,09) 400m: 04:33,67 (00:34,17)				
15.	Philipp Stang	2011	SC Chemnitz von 1892	04:35,67	456
	50m: 00:30,80 (00:30,80) 100m: 01:05,55 (00:34,75) 150m: 01:40,90 (00:35,35) 200m: 02:16,43 (00:35,53) 250m: 02:51,53 (00:35,10) 300m: 03:26,84 (00:35,31) 350m: 04:01,81 (00:34,97) 400m: 04:35,67 (00:33,86)				
16.	Fabian Brauer	2013	SSG Leipzig e.V.	04:41,40	429
	50m: 00:31,45 (00:31,45) 100m: 01:05,72 (00:34,27) 150m: 01:41,13 (00:35,41) 200m: 02:17,60 (00:36,47) 250m: 02:53,11 (00:35,51) 300m: 03:28,19 (00:35,08) 350m: 04:05,26 (00:37,07) 400m: 04:41,40 (00:36,14)				
17.	Yakiv Khrushch	2012	SSV Leutzsch	04:43,51	419
	50m: 00:32,33 (00:32,33) 100m: 01:07,96 (00:35,63) 150m: 01:45,08 (00:37,12) 200m: 02:21,51 (00:36,43) 250m: 02:57,41 (00:35,90) 300m: 03:34,11 (00:36,70) 350m: 04:09,62 (00:35,51) 400m: 04:43,51 (00:33,89)				

noch Wettkampf 7 - 400m Freistil männlich (Vorlauf)

noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
18.	Jasper Müller	2013	SSG Leipzig e.V.	04:47,69	401
	50m: 00:32,27 (00:32,27) 100m: 01:07,87 (00:35,60) 150m: 01:44,26 (00:36,39) 200m: 02:20,97 (00:36,71) 250m: 02:57,70 (00:36,73) 300m: 03:34,45 (00:36,75) 350m: 04:11,56 (00:37,11) 400m: 04:47,69 (00:36,13)				
19.	Justus Richter	2013	SSG Leipzig e.V.	04:52,07	383
	50m: 00:33,65 (00:33,65) 100m: 01:10,84 (00:37,19) 150m: 01:48,66 (00:37,82) 200m: 02:25,80 (00:37,14) 250m: 03:03,38 (00:37,58) 300m: 03:40,57 (00:37,19) 350m: 04:17,69 (00:37,12) 400m: 04:52,07 (00:34,38)				
20.	Florin Thomas	2013	SSG Leipzig e.V.	04:52,91	380
	50m: 00:33,88 (00:33,88) 100m: 01:10,66 (00:36,78) 150m: 01:48,34 (00:37,68) 200m: 02:25,85 (00:37,51) 250m: 03:03,02 (00:37,17) 300m: 03:40,60 (00:37,58) 350m: 04:17,65 (00:37,05) 400m: 04:52,91 (00:35,26)				
21.	Jonas Schäfer	2013	SC Riesa	04:59,64	355
	50m: 00:34,26 (00:34,26) 100m: 01:11,36 (00:37,10) 150m: 01:49,29 (00:37,93) 200m: 02:27,34 (00:38,05) 250m: 03:05,94 (00:38,60) 300m: 03:44,14 (00:38,20) 350m: 04:22,50 (00:38,36) 400m: 04:59,64 (00:37,14)				
22.	Mads Jakob Strauch	2013	SSG Leipzig e.V.	05:02,31	346
	50m: 00:34,16 (00:34,16) 100m: 01:12,02 (00:37,86) 150m: 01:50,29 (00:38,27) 200m: 02:29,30 (00:39,01) 250m: 03:08,29 (00:38,99) 300m: 03:46,95 (00:38,66) 350m: 04:25,77 (00:38,82) 400m: 05:02,31 (00:36,54)				
23.	Henry Toth	2013	SC Chemnitz von 1892	05:05,77	334
	50m: 00:33,83 (00:33,83) 100m: 01:12,02 (00:38,19) 150m: 01:50,83 (00:38,81) 200m: 02:30,01 (00:39,18) 250m: 03:08,94 (00:38,93) 300m: 03:48,20 (00:39,26) 350m: 04:27,05 (00:38,85) 400m: 05:05,77 (00:38,72)				
24.	Ole Mühlmann	2013	SC Riesa	05:11,69	315
	50m: 00:34,35 (00:34,35) 100m: 01:13,34 (00:38,99) 150m: 01:52,82 (00:39,48) 200m: 02:33,77 (00:40,95) 250m: 03:13,56 (00:39,79) 300m: 03:54,75 (00:41,19) 350m: 04:34,49 (00:39,74) 400m: 05:11,69 (00:37,20)				
25.	Alessandro Munari	2013	SV 1919 Grimma	05:12,63	312
	50m: 00:34,41 (00:34,41) 100m: 01:13,37 (00:38,96) 150m: 01:52,97 (00:39,60) 200m: 02:32,50 (00:39,53) 250m: 03:12,84 (00:40,34) 300m: 03:52,99 (00:40,15) 350m: 04:33,44 (00:40,45) 400m: 05:12,63 (00:39,19)				